## Do you have a carbon monoxide detector in your home?



If you aren't sure if you need a carbon monoxide detector, here are some facts that will help you decide:

Carbon monoxide is present in our everyday lives and is produced anytime a fuel burns such as in a wood stove, car, furnace or campfire. It is so dangerous because when it is breathed in, it more readily attaches to red blood cells than oxygen. Then those cells deliver carbon monoxide to cells that are expecting oxygen. After a period of time without oxygen, some cells may start to die off.

The best way to protect your family from this odorless, tasteless gas is to have a carbon monoxide detector in your home.

## Signs of carbon monoxide poison-

ing are similar to flu symptoms or food poisoning.

- Dizziness, restlessness
- Mental confusion
- Severe headache
- Fatigue or fainting
- Vomiting
- Bright red skin

If you have any of these symptoms along with your co detector going off, you need to leave your home and seek immediate medical attention.





Brighton Fire Rescue has received carbon monoxide detectors through a grant that we can install in your home for free. Call **303-659-4101** to find out how.